



The Highlander

A Monthly Newsletter for the Chantilly Highlands Homes Association

Vandalism Crime Gets Time

According to Fairfax County Police, destruction of private property, a Class 1 Misdemeanor, could get vandals a \$2,500 fine and/or 12 months in jail **for each count**. There have been several reported incidence in November of smashed hanging plants, knocked over benches and lawn furniture, and one neighbor's hose turned on and abandoned. If in one evening, you and several of your friends decide you are bored and rack up 10 counts, you are looking at a fine of \$25,000 and maybe 10 years in jail. Is this worth risking your future? Additionally, if the destroyed property is valued at more than \$1,000, it is considered a felony.

Parents and neighbors please remind the teens and young adults that live with you, that this mischief and destroying property is un-neighborly and is **against the law!**

Website News

Where did I put the last issue of The Highlander that had **that announcement in it?** Who fixes a broken street light? What is the number to call for the resale package? Can't find the ACC Exterior Alteration Request Form? Go online to our CHHA website. With over 11,000 visitors to date, it just keeps getting better.

The CHHA presents on-line access to up-to-date news, information and other interesting and fun things for all of the residents of Chantilly Highlands. All the things you need to know to live happily and easily in our neighborhood - in one place conveniently located on the web!

Some visitors have been so impressed that they are using our website as a model to follow. Please remember to check back often! Information is updated and new items are added on a regular basis.

Chantilly Highlands
Website:

www.
CHHA.org.

Hometown Hero

By Steve Bachman

If Chantilly Highlands was a town, **THIS** kid would be a hometown sports hero. This kid is the fastest swimmer in Chantilly Highlands. This kid holds or has held more age group team records than any other kid in the 15 year history of our team. This kid is a Herndon Olympic Gold medallist. A Colonial league All-star gold medallist. One of the fastest 16 year olds in the DC metro area. This kid trains 11 months a year 5 days a week. When a new family joins the swim team or comes to watch a Saturday morning swim meet at our pool, they all do and say the same thing. They point at this kid who is flying down the pool, with almost no splash and no apparent effort, and say "Who is **THAT** kid? When my kids joined the swim team they wanted to learn to swim like this kid. This kid is the first kid that my wife and I ever saw who could really swim. We did not know that kids that young could do such things. Eight years later we still find this kid to be one of the smoothest, most graceful, yet fast and powerful swimmers we've seen: and we've seen many good ones since then. Sometimes, kids who are great at something are annoying. They want you to notice. Not this kid. Nice kid. This kid will be swimming for our team for only 2 more summers before going off to college. You have got to see this kid swim before its too late. Make sure you get to our pool by 8:00 on Saturday morning home swim meet days in June and July. You will enjoy watching Maree Sarasup swim.

Are You Prepared for an Emer-

Have a Plan

Emergency events can occur quickly and without warning. It is best to have a plan in place ahead of time. Planning for any emergency requires considering all likely scenarios that could result when things that you rely on daily-like electricity, water, heat, air conditioning, telephone service, and transportation-are disrupted or lost for a considerable amount of time. Consequently, you should plan on having food, water, and other essentials to get you through the emergency.

(Continued on page 13)

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CHHA Board Of Directors

President	David Howlett*	703-689-9840
Vice President	John Tandler*	703-709-8281
Treasurer	Jim Wright	703-437-7067
Secretary	John Jaacks	703-318-9231
Board Member	Bill Wolff	703-481-9156
Board Member	Bill Jeffrey*	703-689-3408
Board Member	Barbra Mooney	703-471-6323
Board Member	Elizabeth Grasty	703-904-8151
Board Member	Vicki Danoy	703-437-7375

* Denotes terms that expire in January

CHHA Committees and Liaisons

Architectural Control	Barbra Mooney	703-471-6323
Bookkeeper		
Civic Affairs	Jeffrey M. Parnes	703-904-0131
Community Center	Rental Information	703-435-0736
Community Facilities	Bill Wolff	703-481-9156
Database Administrator		
Gardener		
Handyman	Ron Kotula	703-437-8402
Land Management	John Jaacks	703-318-9231
Long Range Planning	Bill Jeffrey	703-689-3408
Neighborhood Watch	Bill Jeffrey	703-689-3408
Newsletter Editor	Corinne Graver	703-437-0723
Resale Packages	Doug & Denise Fearson	703-742-8340
Social Activities	Elizabeth Grasty	703-904-8151
Tennis Courts	Steve Edwards	703-742-3353
Web Master	Jeffrey M. Parnes	703-904-0131

CHHA Numbers of Interest

Pool Pay Phone		703-707-8233
Garden Club	Virginia Hodge	703-318-9231
Mom & Tot Play Group	Wendy Kisiday	703-904-1827
Swim Team Chairperson	Steve Bachman	703-709-7470
Winter Swim Team Rep	Tom Thomas	703-476-5787

Visit our website at www.CHHA.org.

Highlander Information

The Highlander is a monthly publication for the residents of Chantilly Highlands. The deadline for **articles, ads, and payment** is the **15th of the month**. Letters to the Editor must be signed for consideration. Materials received after the 15th will be considered for the following issue. Please email materials to Cgraver@AOL.com with **The Highlander** in the subject line or mail to:

Corinne Graver
13210 Caroline
Court

The Highlander
or P.O. Box 710238
Oak Hill, VA



Photos are always

Advertisement Type	CHHA Resident Rate	Non-Resident Rate	6 months w/
Classified: Kidworks (16 & Under) * (lost/found,	Free	\$5.00	Res. Free Non. \$28.50
Classified: Personal Ad * (for sale, childcare needed, etc.)	\$5.00	\$5.00	Res. \$28.50 Non. \$28.50
Classified: Business Ad * (sales & service, help wanted,	\$5.00	\$7.50	Res. \$28.50 Non. \$42.75
Newsletter Business Card Ad 3½" wide x 2" tall	\$15.00	\$17.25	Res. \$85.50 Non. \$98.33
Newsletter Quarter Page Ad 3½" wide x 4½" tall	\$30.00	\$34.50	Res. \$171.00 Non. \$196.65
Newsletter Half Page Ad 3½" wide x 9½" tall or	\$50.00	\$57.50	Res. \$285.00 Non. \$327.75
Newsletter Full Page Ad 7" wide x 9½" tall	\$100.00	\$115.00	Res. \$570.00 Non. \$655.50

* Classified ads are limited to 30 words. More words are allowed for an additional charge.

Write checks to CHHA.

Change of Address?

If the address information on this newsletter is incorrect or if you are new to the neighborhood and are receiving it as "current resident," help us to update the community database. Contact Lisa Kearns at 13638 Dornock Court, lkearns@cox.rr.com or call 703-733-0892. Thanks!

Chantilly Highlands Homes Association

November 1, 2001 Board Meeting Minutes

Submitted by John Jaacks

Board Members in attendance: David Howlett, John Tandler, John Jaacks, Jim Wright, Bill Wolff, Elizabeth Grasty, Barbra Mooney, and Vicki Danoy.

Others in attendance: Steve Palmer, Doug Fearson and Corinne Graver

Meeting Began 7:41

1. Old Business - None
2. Approval of Minutes: October 2001 meeting minutes approved.
3. Treasurer's Report (Jim Wright):
 - A Dues Status: Two Homeowners have not paid dues.
 - B Money moved to Millennium for the purpose of obtaining higher interest and paying for pool repairs.
4. Committee Reports:
 - A Architectural Control (Barbra Mooney and Vicki Danoy):
 - ◆ ACC presented notification of noncompliance regarding a woodpile not located behind the house. Board reviewed the due process guidelines. BOD notification letter to be completed and mailed. Homeowner has until December 1, 2001 to comply.
 - B Civic Affairs (John Tandler):
 - ◆ Reported improvements to Sully District found on website.
 - C Community Facilities (Bill Wolff):
 - ◆ Pool repair identified significant beam damage at the toddler pool and some around the large pool.
 - ◆ Claim submitted to State Farm for hail damage.
 - D Land Management (John Jaacks):
 - ◆ \$10,000 added to the overall Land Management Budget. Approval of budget for Land Management is \$42,000. Items constituting the budget are cutting trees, lawn maintenance, and gardening.
 - E Long Range Planning/Capital Improvements (Bill Jeffrey): None
 - F Neighborhood Watch (Bill Jeffrey): Board members mentioned recent concerns regarding youngsters on the local trails.
 - G Newsletter (David Howlett):
 - ◆ Reminder to community to contact the BOD nominating committee of David Howlett, John Tandler and Bill Jeffrey for possible nominees for next years BOD.
 - ◆ New content found on the website to be published.
 - H Social Activities (Elizabeth Grasty):
 - ◆ If no volunteers step forward for the Christmas Party then it will not take place this year.
 - I Web Site (John Tandler):
 - ◆ New content and links.
5. New Business -Budget Approved
6. Meeting adjourned at 10:49 PM. The next meeting is scheduled for December 6, 2001.

Mark Your Calendars!

2002 Annual HOA Meeting on Thursday, January 10th at 7:30 PM.

NOW OPEN

at McLearen Square Center

Cil' Italian Cafe

American Italian Restaurant

Your New Neighborhood Restaurant within Walking Distance!

Dine in - Carry out
11:00 am-10:00 pm Monday-Saturday



Buy any Dinner Entrée
at regular price & get
2nd
entrée of equal or lesser
value for 1/2 price.

3065-R Centreville Rd.
Herndon, VA 20171
(703) 904-0223

(Job opportunities available, inquire within)



Katydid, Inc. Day Camps And Children's Programs

PRESCHOOL for ages 3-5 at Frying Pam Park. AM & PM classes. Call 703-689-3104 for information.

SUMMER DAY CAMPS for ages 3-10 at Burke Lake, Colvin Run, Ellanor C. Lawrence, Frying Pam, & Lake Fairfax Parks. For information call Kate Plummer at 703-481-9444 or Jennifer Vannoy at 703-689-3104.

JAMES CONSTRUCTION, INC.

Additions
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Experience

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References

Community Calendar

December	Event	Time
Tues. 4	Garland & Wreath Making at Community Center	7:00 PM
Tues. 4	ACC Meeting	8:00 PM
Thurs. 6	BOD Meeting	7:30 PM
Sat. 8	Hanging Garlands	9:00 AM
Mon. 10	COMFAC Meeting	7:30 PM
Mon. 10	Hanukkah	
Sat. 15	Deadline for next Highlander	
Tues. 25	Christmas	

CHHA Committees

These committees are always open for new members. The liaisons are listed on page 2. Call ahead or just show up at the next meeting with your ideas!

CHHA Board of Directors (BOD) - Meeting is open to all CHHA members. To add to the agenda, contact David Howlett at 703-689-9840 or any of the board members listed on page 2. Meetings are held the first Thursday of each month.

Architectural Control Committee (ACC)- Requests for architectural changes and discoveries of non-compliance are reviewed. Volunteers welcome. Meetings are held the first Tuesday of each month.

Community Facilities Committee (COMFAC)- Decisions are made concerning the pool, playground, tennis courts and community center. New members always welcome. Meetings are held the second Monday of each month.

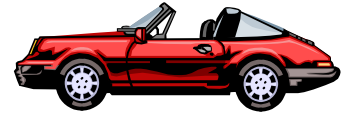
Land Management Committee - Care of our common areas, land, signs and snow removal are considered. Meetings scheduled as needed.

Long-Range Planning Committee (LRPC) - Long range plans and capital improvement projects are considered and presented to the board. Meetings are held as needed.

Neighborhood Watch Committee - Coordinate the crime prevention program. Everyone's invited. Meetings held as needed.

Social Activities Committee - Plan social functions for the community. Volunteers always needed. Join the fun. Meetings held when necessary.

NEIGHBORHOOD CAR CARE SPECIALISTS
Car Maintenance



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 Texaco**

3043 Centreville Rd., Herndon
703-318-7744

*Intersection of McLearen Rd. & Centreville Rd. at
 Food Lion Shopping Center*

Soft Cloth Car Wash

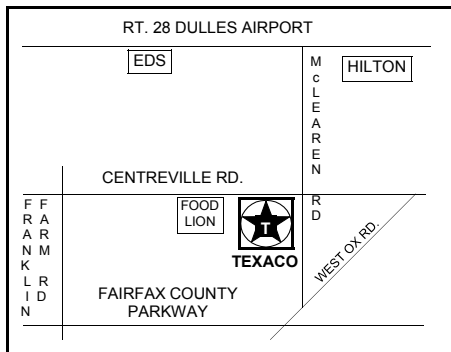
Try our Soft Cloth Car Wash

8 a.m. to 8 p.m. Everyday
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 SAFETY CHECK**

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Includes: Use of Computerized Bear
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* most cars & light trucks
 Expires 12-31-2001

**VA INSPECTION
 New Hours**

**For Your Convenience,
 Virginia State Safety
 and Emission
 Inspections are now
 available**

**Mon. - Fri. 8 a.m. - 5 p.m. &
 Sat. 8 a.m. - 12 p.m.**

Full page Wadden
Construction Ad

Chantilly Highlands Garden Club Adopt-a-Spot Wrap-up

By Christine Welch

Four times this year, neighborhood volunteers met to help keep our community litter free. Many thanks to all who helped the Chantilly Highlands Garden Club maintain the Adopt-A-Spot area along Stone Heather Drive. This program is sponsored by Fairfax County.

Recent volunteers Steve Edwards, Liz Grasty, Bill Robbins, and Christine Welch braved rain to finish this year's clean up on November 3. In addition to a load of undelivered newspapers, the group scored a truck bumper!

Look for more free Starbucks coffee at next year's community clean ups. We welcome all volunteers. This one-hour clean up is a great project for scout troops

Mom & Tot Corner



Call Wendy at 703-904-1827 or email her at dawenkis@prodigy.net for more information.

Halloween Fun

Another fantastic Halloween Parade for the children of Chantilly Highlands. The weather cooperated and the contestants' costumes were at an all-time best. Thanks to Kevin Owens of Enchanting Illusions for entertaining the neighborhood and keeping all those children mesmerized!

Thank you to the helpers who stayed to clean up the community center: Joshua Welt, Joanna Mason, MaryAnn Ceh, Chris Gregory, and anyone not mentioned. The help was greatly appreciated.

New Coordinators Needed

The Chantilly Highlands Mom and Tots group has been meeting for almost four years. In that time, the group's various social activities have made it easy for our children, as well as the moms, to make many new friends. In addition to the numerous at home play dates and outside activities scheduled on a monthly basis, the Mom and Tots group has also sponsored some activities for the whole family, such as summer pool/pizza parties, trips to Wolftrap, the Smithsonian Kite Festival, and a day at the National Zoo. "Membership" is open to all, and there are no "attendance requirements" or dues -- the only requirement is that you and your child have fun! The families who have participated would surely agree this is a great way to meet new people and get involved in your community. Coordinating the various playgroup activities has, to date, been done by current members, many of whose children are now transitioning into school-aged activities. The Mom and Tots group needs some new neighbors to fill those gaps and keep the group going. If you, or some one you know, would be interested in planning activities, scheduling play dates, coordinating group activities, or just getting involved, please contact Wendy Kisiday at 703-904-1827 or email dawenkis@prodigy.net.



*A Hearty Community "Thank You"
to Starbucks
for Supporting Adopt-A-Spot Cleanup Days in 2001!*

-- The Chantilly Highlands Garden Club --



OAK HILL HOLIDAY HOUSE AND CRAFT SHOW

Friday, December 7th 4 - 9 pm

Oak Hill Elementary

Over 20 local crafters - parents shop
while kids shop in the Holiday House

FREE ADMISSION!



Wishing You and Yours a Safe and Peaceful Holiday Season!

Your CHHA Board



Fire Safety and Candles

The use of open-flame candles can add ambience to a holiday, provide “warmth” to a home, and be a source of light during power outages. For these and other reasons, a great number of consumers are burning candles. The Fairfax County Fire and Rescue Department would like to remind consumers that the improper use of candles can result in catastrophe. To avoid the dangers of fire while burning candles, please follow the safety tips listed below:

- ◆ Never leave candles unattended
- ◆ Keep all combustible materials away from open flames
- ◆ Do not burn candles near windows or doorways
- ◆ Place candles in glass or ceramic containers
- ◆ Place candles on a flat, sturdy surface
- ◆ Take extra precautions when burning candles around children or pets

For more fire safety information, call the Fairfax County Fire and Rescue Department Public Information and Life Safety Education Section at 703-246-3801, or visit them on the web at www.co.fairfax.va.us/fire.



Fire Safe Heating Systems

Cold winter weather brings snowball battles, cozy evenings, and an increase in the use of home heating equipment. It’s probably time to give your heating system a safety check. Heating equipment failures or malfunctions are one of the leading causes of all home fires. We can reduce the occurrence of these types of fires with a little preventative maintenance and some good fire safety habits.

The following are some tips for safety around heating systems:

- ◆ Never discard hot ashes inside or near the home. Place them in a covered metal container outside and well away from the house.
- ◆ If you use a wood-burning stove or fireplace, have a licensed chimney sweep clean and inspect your chimney at least once a year.
- ◆ Never use a flammable liquid (gasoline, kerosene, lighter fluid, etc.) to start a fire or rekindle a small one.
- ◆ Keep paper, clothing, trash, and other combustibles at least 3 feet away from your furnace, hot water heater, or wood-burning device.
- ◆ Have a professional clean and check your heating system yearly. This may prevent a fire and will make your heating system more energy efficient.
- ◆ Keep portable heaters away from curtains, beds, clothes, and children. Make sure there is at least 3 feet of clearance around the heater for proper ventilation. Turn heaters off when you leave the room or go to bed.
- ◆ Be sure your space heater has an emergency shut off in case the heater is tipped over.

JED Mechanical
Full Page Ad

2002 Annual Homeowner's Meeting & Election of New Board Members On Thursday, January 10th

The Board of Directors will be hosting the 2002 Annual Homeowner's Meeting on **Thursday, January 10th at the Community Center at 7:30 PM.** All homeowners are encouraged to attend. Each committee will give their annual report, and the 2002 CHHA proposed budget will be presented. The most important order of business will be to elect three new board members to fill those terms that will expire. The nominating committee is looking for civic-minded Chantilly Highland residents to run for these positions.

Board members are elected to serve a three year term that includes attending the monthly Board Meetings, serving as a liaison to one of the community committees, and participating in the board sponsored community events. Board members may then run for one of the four board officers to be elected in February 2002.

Interested candidates should:

- ◆ Contact a member of the nominating committee to be added to the ballot. They are David Howlett (703-689-9840), John Tandler (703-709-8281), and Bill Jeffrey (703-689-3408). Write-in candidates will be accepted at the Homeowner's Meeting.
- ◆ Make multiple copies of the blank proxy enclosed on page 11 (past candidates have collected 50 or more).
- ◆ Proxies must be signed by the homeowner. Renters may only sign if the homeowner has granted the renter a proxy.
- ◆ Gather proxies between now and the meeting (one vote per lot).
- ◆ Bring the proxies to the Annual Meeting on January 10, 2002.

Everyone is Invited!

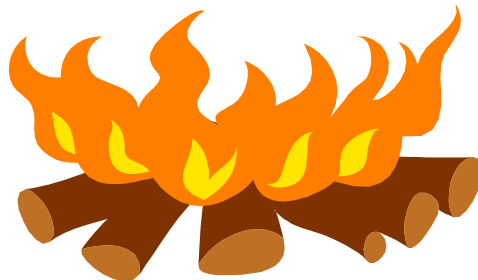
JED MECHANICAL

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Plumbing and Gas

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- **Gas Work Including Gas Logs**
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- **Plumbing Service & Renovations**
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PROXY

FOR THE 2002 ANNUAL MEETING OF THE CHANTILLY HIGHLANDS HOMES ASSOCIATION, INCORPORATED

The undersigned hereby appoints _____ as proxy to act and vote at the annual meeting of the Chantilly Highlands Homes Association, Incorporated, to be held at 7:30 PM on January 10, 2002 at the Chantilly Highlands Community Center, Oak Hill, Virginia, and at any adjournments thereof, upon any business which may properly come before said meeting, all in accordance with and as more fully described in the notice of said meeting, receipt of which is hereby acknowledged.

OWNER/CO-OWNER

Date: _____

(Signature)

(Print name)

Lot Number: _____ Section _____

Address: _____

PROXY INSTRUCTIONS AND INFORMATION

- 1) CHHA's bylaws require that a quorum be present at the annual meetings for actions taken to be valid.
- 2) Please complete this form to ensure that a quorum is achieved.
- 3) A proxy can be rescinded if you attend the meeting.
- 4) When you complete the proxy, you will be conveying your voting power to the nominated individual.
- 5) The only votes expected to be cast will be for Board of Directors positions.
- 6) If you wish, you can abstain from the vote, but have your presence counted to ensure the quorum is achieved.
- 7) Proxies must be signed by homeowners or renters granted a proxy from the homeowner.
- 8) Areas with **BOLD** type must be filled out for the proxy to be valid.
- 9) If the Lot Number or Section is not known, it can be filled in at the Annual Meeting.
- 10) Only one proxy per household.

Water Wisdom

By The Answer Man

If you have been unlucky enough to sit next to the Answer man at a soccer or softball game you probably had to suffer through his speech on why your kid should join the swim team. The Answer man has often accosted total strangers at the pool in an attempt to save children from life-long pool embarrassment or actual lack of safety in the water. Parents usually respond in one of two ways:

- 1) My kid can already swim.
- 2) My kid just doesn't have an aptitude for that sort of thing. He's just not that athletic.

Answer to #1- Most parent's definition of swimming is: "the ability to go off the diving board and wallow 8 feet to the ladder without drowning". I understand this. That was my parent's definition as well as my own when I was a kid. That's not swimming and your child is not water safe. The ability of your child to get his "patch" at the pool is not much evidence of real water safety. Even if you give your kid a fair number of swim lessons he will not be water safe to any reasonable degree. That is because typical swim lessons do not provide the amount of repetition needed to give your child technique, confidence and trained muscle memory. The reason that you, as an adult, can get on a bicycle and ride, after years of not riding, is because of the dozens, if not hundreds of hours you spent doing it as a kid. You learned the technique back then and your muscles and brain remember it. The same is true of swimming. Only repetition and drill can give your kid the technique and muscle memory that will last a life time. Look, its not that big a deal. The swim team runs from the end of May to the end of July. It's cheap. It's fun. Your kid will be taught all 4 competitive

swimming strokes. (Yes, there are at least 4 ways to swim properly) Listen, we've got ordinary 8 year old kids who can swim the length of the pool in 20 seconds. We've got 13 year olds who can do it in 15 seconds. They came to the team flopping around like your kid does now. The swim team changed that. Your kid can learn to swim this way too. I wish my parents would have been enlightened enough to put me on a swim team. Sign up is in April. To join the team your child must be at least 5 years old and have the ability to swim one length of the pool on his front and one length on his back. If he can't do that yet, go to the Herndon YMCA or the Herndon Community Center or someplace and get him some lessons. His water happiness for the rest of his life is in your hands.

Answer to #2) Almost any kid can learn to swim well. In the 8 years that I have been around kid's competitive swimming, I have seen amazing things. In the metropolitan wide winter swim league, we have deaf children, and at least one blind child. Last year I was at a meet for kids aged 13 and over in Maryland. I saw a father hold his son up at the starting block, since the boy had no use of his legs. That kid swam freestyle and butterfly well enough to beat 2/3 of our Dolphins summer swim team. My kids' winter swim team, the Potomac Marlins, has hosted the Special Olympics swimming competition the last two years. These kids with Downs syndrome, swim better than 90% of the non-swim team kids in Chantilly Highlands. So, yes almost every kid can learn to swim well. If you've never seen well trained swimmers, you will be astounded by what ordinary kids can accomplish. Your kid should be a swim team kid.

Chantilly Highlands Community Center Rental

For when you . . .



- need a place to celebrate a special occasion
- just don't have a room big enough
- want to dance
- need a location with easy access
- want convenient guest parking
- would like an affordable place to meet



Call 703-435-0736
for rental information and availability

Numbers to Know

Emergency: 911

Non-emergency: 703-691-2131

Public Info: 703-324-3185
(8 AM-4:30 PM, Mon. - Fri.)

Anthrax Hotline: 703-246-3796

Your local utility companies

Your children's school hot-lines

(Continued from page 1)

Pack a Kit

Pack an emergency preparedness kit and store it in an easy-to-carry container in a convenient place. Put a smaller version in your car.

Emergency Preparedness Kit

- ★ Pack for 3-5 days
- ★ Water (enough for one gallon per person per day)
- ★ Non-perishable food and a can opener
- ★ First-aid supplies and medications
- ★ Clothing (include sturdy shoes and warm, water-proof garments) and bedding
- ★ Tools and emergency supplies (batteries, flashlight, battery-powered radio, duct tape, cash, waterproof matches)
- ★ Hygiene and toiletry items
- ★ Specialty items (baby items, emergency contact numbers, important documents)

Stay Informed

Getting information during an emergency situation is vital, especially at the height of the event when evacuation may be required, shelters may be opened, or schools may close. Radio and television stations provide the quickest means to obtain information. Have a battery-powered radio tuned to a local all-news or talk radio station. Have your list of "Numbers to Know" from page 12.

Prepare for Power Loss

In the event of a power loss, call your local power company. If you go outside to assess the situation, beware of downed power lines that could still be energized. Report downed power lines immediately.

Turn off all major appliances to avoid an overload when power is restored.

Keep food cold. Food can be kept cold for a day or two if the refrigerator doors are kept closed.

Use flashlights or battery-operated lanterns to illuminate the home. Candles and kerosene lanterns are not recommended because of the inherent fire safety hazards.

Portable emergency generators can be used to provide power during an outage. Place them outside and use appropriate extension cords. Never fuel or run a portable generator in the home or garage. Make sure to follow the manufacturer's guidelines.

Use alternate sources of water until power is restored. Water systems with electric pumps will not op-

erate when the power is out.

Gas appliances may not work if the electricity is off.

Plumbing can freeze when power is lost during cold weather. Drain appliances and supply lines, and turn off supply lines to outside spigots.

Water heaters that are drained to prevent damage from freezing must have their power circuits shut off. Never turn on your water heater unless the tank is full.

Life support equipment should be listed with the power company, with your doctor's approval. You should have a contingency plan that includes an alternate power source and relocation of the person who needs the equipment.

Prepare for a Chemical/Biological Emergency

A major chemical or biological emergency can happen when hazardous amounts of toxins are released into the environment. You can be exposed to chemical and biological toxins in three ways:

- ★ Inhaling them
- ★ Swallowing contaminated food, water, or medication
- ★ Touching or coming into contact with contaminated items

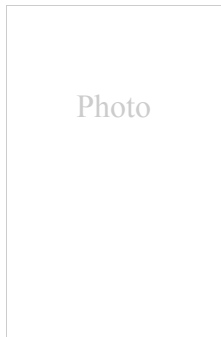
Many times you cannot see or smell anything unusual. In the event of an emergency, you will be notified by the authorities. You may be told to evacuate, to shelter-in-place (stay indoors), or to go to a medical facility.

If you are told to shelter-in-place, take your children and pets indoors immediately. While gathering your family, you can provide a minimal amount of protection to your breathing by covering your mouth and nose with a damp cloth. You should also:

- ★ Close all windows
- ★ Turn off all fans, heating, and air conditioning systems
- ★ Wet some towels and jam them in the crack under the doors
- ★ Tape around the doors, windows, exhaust fans, or vents
- ★ Use plastic garbage bags to cover windows, outlets, and heat registers. If you are told there is a danger of explosion, close the window shades, blinds, or curtains.
- ★ Stay inside until you are told all is safe.

If you are told to evacuate, it is important to stay calm, listen carefully, and follow all instructions.

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Instructor Wanted—Part time for Tiny Tots Classes at Frying Pan Park Thurs. &/or Sat. 9 AM to noon. Lead activities, songs, & crafts for 2 yr old children & adult. Training and resources provided. Must be fluent in Spanish for Thurs. class. Call 703-481-9444 or email KtdidInc@aol.com.

For Sale: Cherry sofa table—great cond. \$50. Jewel tone L/R lamp \$20. Cherry & hunter green occasional table \$25. Call 703-471-0329.

Need a Sitter for your kids, house or pet? Reliable, flexible college student home from mid-Dec—mid-Jan. CPR & First Aid certified. Experience in day care for 3 yrs? Call Sarah Kingdon at 703-435-5992 or 703-655-5992. Start making plans to go out now! 01/02

Sara Bromberg, 21, will be home for the holiday break from a senior university semester in Switzerland & would like to use her many years of babysitting and after school tutoring to help w/ your children during the busiest of seasons. She will be available between 12/12/01 - 1/1/02. Also available is Andrew Walshe university senior with babysitting experience and a completed 1 yr. internship at the London School of Economics. Please feel free to reach them at 703 689-0098 after the 12th or by email at saradmb@hotmail.com. 12/01

KIDWORKS

CALL **Greenstone Friends** at 703-435-5992 for mowing, raking, **SNOW SHOVELING**, or odd yard jobs. Reliable and Flexible. 3/02

The holidays are coming. Need a babysitter? CH resident attending Franklin Intermediate will care for your kids. Please call Katie at 703-435-3408. References provided. 02/02

CH CONTRACTS

GARDENER, BOOKKEEPER & DATABASE ADMINISTRATOR

Prepare a bid including your name, address, phone number, qualifications, references and express your interest in volunteering for the position or your desired compensation. To be considered, enclose a bid inside a sealed envelope, mark which position, and mail to CHHA, P.O. Box 710238, Oak Hill, VA 20171. **Bids should be received by a board member.** By submitting your bid, you acknowledge that you have received, read, and agree to perform the job description requirements.

BUSINESS

AK Painting & Construction— Carpentry, hardwood floors, rotted wood repair, tile work, drywall, & power washing. Please call (h) **703-378-1521** or (p) **703-397-1671**. References available. 03/02

KC PetWatch: Dependable In-Home Pet Care while on vacation or business. Daily walks, feedings, TLC, medication if needed, mail & papers collected, security set. Licensed and Insured since 1999. For reservations call Cheryl 703-435-3408. 06/02

Montessori-based program & extended care— Franklin Farm resident's home. Reading, Math, Science, Geography, Spanish, Art, Music, Field trips, & More! Ages 3-6. Contact Kathleen Logan 703-391-7428. 08/02

Oscar's Painting—int. & ext. painting since 1991. Fast, quality service & reasonable prices. Call for a FREE estimate. 703-423-5233. Mention this ad to save \$50, plus free caulking & minor drywall repairs. 08/02

Maria's Cleaning Service-Residential * Daily * Weekly * Monthly * References available. Call for Free Estimates. Carpet Cleaning Available. Licensed, bonded & insured. Call 703-787-3326. 03/02

Holiday Image Consultations & Gifts! De-stress during the Holidays with an afternoon of pampering. **BeautiControl Image Consultant** is scheduling complimentary Image parties for the Holiday Season. I'd love to share the latest Holiday trends w/ you & your friends. Made-to-order and pre-packaged gift sets will be available for Holiday gift-giving needs. Please contact Nanci Hannon at 703-599-3658 or NanciBCC@erols.com. 12/01

Dog training, private lessons - individual instruction for formal obedience. Both common & advanced problems addressed. Puppy preschool offered for puppies 8-16 weeks. Call Karen Lawlor at 703-318-9141. 12/01

Decorating a room and don't know where to start? Having trouble picking out a color to compliment your room? Call **Stromboli Brothers Designs**. Experts in color, lighting, design, and painting. For a free consultation and references call 703-930-6504. 05/02

Perfectly Maid excellent home cleaning service. A very energetic meticulous & dedicated staff that takes pride in their work. Licensed & bonded. Franklin Farm resident. Call Kimberly at 703-758-8644 for free estimate. 12/01

The Highlander:

Newsletter for the Chantilly Highlands Homes Association

P.O. Box 710238, Oak Hill, VA 20171

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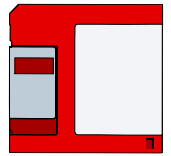
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